

JOIN OUR BOARD OF DIRECTORS!

About SHNS

MISSION

Sexual Health Nova Scotia (SHNS) is a leading and expert voice around issues of sexual and reproductive health. We champion positive sexual health throughout the lifespan for all Nova Scotians through the following core activities:

- Advocacy;
- Education;
- Navigation;
- Partnership.

VISION

We envision a province where positive sexual health is held in the same regard as any other area of wellness, and people can enjoy their sexuality free from shame and violence, with access to judgement-free services when and where they need them.

VALUES

Sexual Health Nova Scotia and its member-centres are:

- Sex-positive, open-minded, and non-shaming
- Respectful of individuals' confidentiality and autonomy
- Pro-choice
- Trauma-informed
- Committed to an evidence-based approach rooted in best and promising practices
- Mindful of equity and inclusion in all aspects of our work
- We can do more together than we can alone.

Current Activities

This has been an exciting year for SHNS; we have had so much growth and are gearing up for even more. Some current SHNS projects and initiatives include:

- The creation of a Provincial SGR Registry & Warmline. So far this has meant hiring three new staff, building new community partnerships, dreaming up what a registry will look like, and lots of administrative work. We have a busy year ahead making this project a reality.
- Provincial and national advocacy efforts related to funding, a SRH strategy, vaccinations, and more in collaboration with our community partners.
- Continuing to scale up our Transformation Closet; a program providing free gender-affirming gear to Nova Scotians.
- Initiatives to grow SHNS' profile including the creation of a new podcast, attendance at provincial events, and increased presence on social media.
- Continuing to support our network of SHNS member centres.
- And more!

To learn more about what we are up to you can check out our website (www.shns.ca) or our Instagram (@sexualhealthns)

Being a SHNS Board Member

Joining the SHNS board means joining a group of 10-15 Nova Scotians who are passionate about access to sexual and reproductive healthcare. It means influencing the initiatives, public positions, and financial decisions behind an organisation that resources 5 sexual health centres and is a public voice for inclusive and equitable sexual and reproductive healthcare.

Board members attend monthly board meetings and are asked to join Board committees. After that, your engagement level is up to you, however we hope to bring on folks who are willing to take on supporting our small team and who are excited by the idea of thinking creatively and want to be engaged in SHNS' initiatives.

SEXUAL HEALTH
NOVA SCOTIA