



# Services for 2SLGBTQ+ community members:



## At all SHNS Sexual Health Centres:

- Individual support (not clinical counselling/therapy) – active listening, community connection, and resource provision
- System navigation for those looking for further healthcare services not provided in-house
- Free safer sex supplies, including: condoms (internal/external), dams, lubricant, pregnancy tests and menstrual supplies – current quantities may vary by centre
- Resources and workshops/training on relevant topics

## At Halifax Sexual Health Centre (services may be affected by Covid-19 guidelines and precautions):

- STI/STBBI testing and treatment
- Birth control and emergency contraception
- Pap tests



## For Transgender/Gender Diverse clients:

- Help with referrals (hormone readiness, surgical readiness)
- Gender affirming hormones (letter of hormone readiness needed)
- Help with MSI referral for surgery approval
- Help with arranging surgery with Montreal (once it is MSI approved)
- Post-operative care



## At South Shore Sexual Health:



- Gender affirming gear, such as gaffs, binders and packers for anyone located in Lunenburg and Queens Counties who is otherwise unable to access these items

Find contact information for all SHNS Sexual Health Centres at: [shns.ca/member-centres](https://shns.ca/member-centres)