

**Sexual Health Nova Scotia**

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**Network of Member-Centres:**

- Cape Breton Centre for Sexual Health
- Sexual Health Centre for Cumberland County
- Pictou County Sexual Health Centre
- Sheet Harbour Sexual Health Centre
- Halifax Sexual Health Centre
- South Shore Sexual Health

Contact info can be found at:  
[shns.ca/member-centres](http://shns.ca/member-centres)

April 14th, 2022

**FOR IMMEDIATE RELEASE:****2022 SEXCELLENCE AWARD HONOURS COMMUNITY EDUCATOR**

Since 2008, Sexual Health Nova Scotia has given the Sexcellence Award to individuals in Nova Scotia who support and promote outstanding work in the field of sexual health. After an incredible group of nominees were received this year, SHNS is excited to announce our 2022 winner, Rachele Manett, Education Coordinator at Venus Envy in Halifax.

In her role at Venus Envy, Manett coordinates and delivers a variety of educational workshops on themes such as consent, pleasure, relationships and sexual health, for community members, along with supporting individuals with finding gender-affirming products and items to fit their sexual health needs. They have also delivered education on sexuality in other settings, including an Interprofessional Education course at Dalhousie titled Exploring Disabled Sexuality. The intersection of disability and sexuality is an area of passion for Manett, and they hold an MA, for which they focused their research on the experiences of adults with acquired physical disabilities around sexuality. As a queer, disabled person Manett's own lived experience contributes to her dedication to community education on the impact of sexuality and disability in people's lives. She is currently working on a project with Tetra Society to create and adapt sex toys for community members with disabilities.

We are thrilled to present Rachele Manett with the 2022 Sexcellence Award for her exceptional community education work, and look forward to celebrating them at a virtual ceremony in late May.

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For details, contact Leigh Heide, Provincial Coordinator, Sexual Health Nova Scotia at (902) 543-6900 or [provincialcoordinator@shns.ca](mailto:provincialcoordinator@shns.ca)

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