

50 RECOMMENDED READS

Sexual & Reproductive Health Awareness Week
2017



WWW.SHNS.CA

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Cape Breton Centre for Sexual Health

150 Bentinck Street, PO Box 1598

Sydney, NS B1P 6R8

T: (902) 539 5158

E: pp.cb@bellaliant.com

Halifax Sexual Health Centre

6009 Quinpool Road

Halifax, NS B3K 5J7

T: (902) 455 9656

E: admin@hshc.ca

www.hshc.ca

Pictou County Centre for Sexual Health

279 Foord Street, PO Box 1803

Stellarton, NS B0K 1S0

T: (902) 695 3366

E: pcsexualhealth@hotmail.com

Sexual Health Centre for Cumberland County

11 Elmwood Drive, PO Box 661

Amherst, NS B4H 2G7

T: (902) 667-7500

E: shccc@ns.aliantzinc.ca

www.amherstsexualhealth.ca

Sexual Health Centre Lunenburg County

48 Empire Street

Bridgewater, NS B4V 2L4

T: (902) 527 2868

E: lunco.ns.sexualhealth@gmail.com

www.sexualhealthlunenburg.com

Sheet Harbour Sexual Health Centre

22637 Hwy 7, PO Box 211

Sheet Harbour, NS B0J 3B0

T: (902) 885 3693

E: sheetharbourshc@hotmail.com

www.sexualhealthsheetharbour.com

SEXUAL HEALTH NOVA SCOTIA'S 50 RECOMMENDED READS

Sexual Health Nova Scotia presents its list of 50 recommended reads on sexual and reproductive health, in celebration of Sexual & Reproductive Health Awareness Week 2017.

Our network of sexual health educators suggested these non-fiction books as inclusive, informative sources of information on various topics related to sex, gender, orientation, pleasure, politics, and safety.

This list is not conclusive! Contact any SHNS member-centre for more recommendations and resources, or visit www.shns.ca.

Chimamanda Ngozi Adichie
We Should All Be Feminists

Anchor, 2015

Jeannette Auger & Kate Krug
Under the Rainbow: A Primer on Queer Issues in Canada

Fernwood Publishing, 2014

Kate Bornstein & S. Bear Bergman
Gender Outlaws: The Next Generation

Seal Press, 2010

Armin A. Brott & Jennifer Ash
The Expectant Father: The Ultimate Guide for Dads-to-Be

Abbeville Press, 2015

Alex Comfort
The Joy of Sex: The Ultimate Revised Edition

Harmony, 2009

Heather Corinna
S.E.X.: The All-You-Need-To-Know Sexuality Guide to Get You Through Your Teens and Twenties

De Capo Lifelong Books, 2016

Ivan Coyote & Rae Spoon
Gender Failure

Arsenal Pulp Press, 2014

James Dawson
This Book Is Gay
Sourcebooks Fire, 2015

Laura Erickson-Schroth
Trans Bodies, Trans Selves: A Resource for the Transgender Community
Oxford University Press, 2014

Jaclyn Friedman & Jessica Valenti
Yes Means Yes!: Visions of Female Sexual Power and A World Without Rape
Seal Press, 2008

Ina May Gaskin
Ina May's Guide to Childbirth
Bantam, 2003

Roxane Gay
Bad Feminist: Essays
Harper Perennial, 2014

Susan Goldberg & Chloe Brushwood Rose
And Baby Makes More: Known Donors, Queer Parents, and Our Unexpected Families
Insomniac Press, 2010

Kate Harding
Asking for It: The Alarming Rise of Rape Culture--and What We Can Do About It
De Capo Lifelong Books, 2015

Robie Harris & Michael Emberley
It's Not the Stork!
Candlewick, 2008

Nikol Hasler
Sex: A Book for Teens
Zest Books, 2010

Jessica Herthel & Jazz Jennings
I Am Jazz
Dial Books, 2014

Mel Reiff Hill, Jay Mays & Robin Mack
the GENDER book
Marshall House Press, 2013

Jazz Jennings
Being Jazz: My Life as a (Transgender) Teen
Crown Books for Young Readers, 2016

Olive Skene Johnson
The Sexual Spectrum: Exploring Human Diversity
Raincoast Books, 2007

Lindsay King-Miller
Ask a Queer Chick: A Guide to Sex, Love, and Life for Girls Who Dig Girls
Plume, 2016

Susan Kuklin
Beyond Magenta: Transgender Teens Speak Out
Candlewick, 2015

Audre Lorde
Sister Outsider: Essays and Speeches
Crossing Press, 2007

Peter Mayle & Arthur Robins
Where Did I Come From?
Lyle Stuart Inc., 1973

Mari McCraig & Edward Kubany
Healing the Trauma of Domestic Violence: A Workbook for Women
New Harbinger Publications, 2004

Cindy M. Meston & David M. Buss
**Why Women Have Sex: Women Reveal the Truth About Their Sex Lives, from
Adventure to Revenge (and Everything in Between)**
St. Martin's Griffin, 2010

Robin Metcalfe
OUT: Queer Looking Queer Acting Revisited
Khyber Centre for the Arts, 2014

Janet Mock
Redefining Realness: My Path to Womanhood, Identity, Love & So Much More
Atria Books, 2014

Allison Moon & kd diamond
Girl Sex 101
Lunatic Ink, 2015

Jack Morin
Anal Pleasure and Health

Down There Press, 2008

Emily Nagoski
Come as You Are: The Surprising New Science that Will Transform Your Sex Life

Simon & Schuster, 2015

Scott Neigh
Gender and Sexuality: Canadian History Through the Stories of Activists

Fernwood Publishing, 2012

Danielle Owens-Reid & Kristin Russo
This Is a Book for Parents of Gay Kids: A Question & Answer Guide to Everyday Life

Chronicle Books, 2014

Esther Perel
Mating in Captivity: Unlocking Erotic Intelligence

Harper Paperbacks, 2007

Mary Roach
Bonk: The Curious Coupling of Science and Sex

W.W. Norton & Company, 2009

Christopher Ryan
Sex at Dawn: The Prehistoric Origins of Modern Sexuality

Harper, 2010

Randy Shilts
And the Band Played On: Politics, People, and the AIDS Epidemic

St. Martin's Griffin, 2007

Cory Silverberg, Fran Odette & Miriam Kaufman
**The Ultimate Guide to Sex and Disability: For All of Us Who Live with Disabilities,
Chronic Pain and Illness**

Cleis Press, 2007

Cory Silverberg & Fiona Smyth
What Makes a Baby

Triangle Square, 2013

Shannon Stettner
Without Apology: Writings on Abortion in Canada

AU Press, 2016

Tristan Taormino
Opening Up: A Guide to Creating & Sustaining Open Relationships
Cleis Press, 2008

Tristan Taormino
The Ultimate Guide to Kink: BDSM, Role Play and the Erotic Edge
Cleis Press, 2012

Tristan Taormino, Constance Penley & Celine Perrenas Shimizu
The Feminist Porn Book: The Politics of Producing Pleasure
The Feminist Press at CUNY, 2013

the pregnancy experts at the Mayo Clinic
Mayo Clinic Guide to a Healthy Pregnancy: From Doctors Who Are Parents, Too!
De Capo Lifelong Books, 2011

Kim Toevs & Stephanie Brill
The Essential Guide to Lesbian Conception, Pregnancy and Birth
Alyson Books, 2002

Kaleigh Trace
Hot, Wet and Shaking: How I Learned to Talk About Sex
Invisible Publishing, 2014

Jessica Valenti
The Purity Myth: How America's Obsession with Virginity is Hurting Young Women
Seal Press, 2009

Jessica Valenti
He's a Stud, She's a Slut, and 49 Other Double Standards Every Woman Should Know
Seal Press, 2008

Franklin Veaux & Eve Rickert
More than Two: A Practical Guide to Ethical Polyamory
Thorntree Press, 2014

Al Vernacchio
For Goodness Sex: Changing the Way We Talk to Teens About Sexuality, Values, and Health
Harper Wave, 2014